# Lemon Ricotta Handkerchief Ravioli with Spinach and Mushrooms

© Chef Laura Bonicelli

The most striking thing about this dish is the lightness of the lemony handkerchief ravioli. It goes together very quickly, making it a great weeknight dinner candidate.



PREP TIME COOK TIME TOTAL TIME
25 mins 15 mins 40 mins

COURSE CUISINE SERVINGS CALORIES
Dinner, Main Dish - American, Italian 4 292 kcal
Pasta, Pizza, Sandwich,

Pasta, Pizza, Sandwich Rice, Main Dish -Vegetarian, MM-Blue

# **INGREDIENTS**

- 3/4 cup fresh whole milk ricotta
- 3 tablespoons grated Parmesan cheese
- 2 tablespoons minced basil
- 1/2 teaspoon lemon zest
- Kosher salt and freshly ground black pepper to taste

### =====

- 16 square wonton wrappers
- 1 large egg beaten

#### =====

- 1 tablespoon extra virgin olive oil
- 3 cloves garlic sliced
- 2 cups sliced crimini mushrooms
- 10 ounces baby spinach
- 1 tablespoon fresh lemon juice

#### =====

- 2 tablespoons grated Parmesan cheese
- 1/4 cup minced basil leaves
- lemon zest
- 1 tablespoon extra-virgin olive oil

# **INSTRUCTIONS**

- 1. Combine the ricotta, Parmesan, basil, and lemon zest in a small bowl. Season with salt and pepper.
- 2. Line up eight wonton wrappers on a work surface and cover the remaining wrappers with plastic wrap.
- 3. Moisten the edges of the wrappers with egg; place one tablespoon of filling in the center of each wrapper. Fold each wrapper in half pressing firmly around the filling to seal. Place on a plate and cover with plastic wrap. Repeat the process with the remaining wrappers and filling.
- 4. Bring a 4-quart saucepan of water to a boil. While the water is heating, heat the olive oil in a high-sided saute pan. Add the garlic and saute for 1 to 2 minutes. Add the mushrooms to the pan and sauté until browned, 3 minutes. Stir in the spinach and cook until wilted. Stir in the lemon juice, Season with salt and pepper. Divide spinach among four plates.
- 5. Once the water is boiling, reduce the heat slightly to slow the boil. Add the ravioli to the water and cook for 3 minutes, occasionally stirring to keep the ravioli from sticking together. Remove with a slotted spoon or spider to each plate. (four per plate)
- 6. Top with Parmesan, basil, and lemon zest. Drizzle with olive oil and serve.

# **NUTRITION**

Calories: 292kcal Carbohydrates: 22g Protein: 14g Fat: 17g

Saturated Fat: 6g Polyunsaturated Fat: 2g Monounsaturated Fat: 8g Trans Fat: 1g

Cholesterol: 73mg Sodium: 378mg Potassium: 504mg Fiber: 2g

Sugar: 1g Vitamin A: 7022IU Vitamin C: 21mg Calcium: 261mg

Iron: 3mg

Q

KEYWORD basil, lemon zest

**Tried this recipe?** 

Let us know how it was!